

IHA Intern Alumni



Adam Dietz

Communications
Intern, Fall 2013

- **College:** Western Michigan University
- **College Degree:** Secondary Education-English
- **Internship Semester:** Fall of 2013
- **Current Job Title:** English Instructor, College of Lake County
- **Favorite IHA Memory:** "I've found overtime that I miss the people who worked at IHA more than anything else. A lively and accommodating bunch, they made me feel welcome from the minute I stepped off the elevator."
- **Favorite project worked on at IHA:** "IHA Annual Membership Meeting"
- **Valuable skills learned at IHA:** "General professionalism as it relates to working in a shared office setting. Skills relating to organization and timeliness were procured as well."



Trey Meehan

Communications
Intern, May – Dec.
2014

- **College:** Butler University
- **College Degree:** Strategic Communications
- **Internship Semester:** May 2014-Dec. 2014
- **Current Job Title:** Marketing and Communications Manager- Alpha Epsilon Pi Fraternity
- **Favorite IHA Memory:** "Getting to interact with the hardworking, supportive and fun IHA staff every day."
- **Favorite project worked on at IHA:** "Getting to see the entire process of an issue of Harmony and being a contributing writer."
- **Valuable skills learned at IHA:** "I'm a part of a two-man communications department, so I try to implement the communications strategy I learned from the communications staff at IHA."



Kailyn Castro

Communications
Intern, Spring 2015

- **College:** IUPUI
- **College Degree:** Communications and Sociology
- **Internship Semester:** Spring 2015
- **Current Job Title:** Customer Success Manager at Healthify
- **Favorite IHA Memory:** "APRE, it was great to hear about issues other states were facing and how they were working to overcome them."
- **Favorite project worked on at IHA:** "That's tough, probably the Harmony redesign or planning APRE. I loved seeing these projects transition from a brainstorming session into something substantial."
- **Valuable skills learned at IHA:** "I perfected the ability to juggle multiple projects at once, stay organized and deliver quality work. Beyond that skill set, IHA equipped me with knowledge of the healthcare industry and how necessary it is to be educated on the extreme cost and quality variance when shopping for healthcare services."



Rachel Brown,
MPH

Communications
Intern, Summer 2015
Advocacy
Communications
Intern, Summer 2016

- **College:** Butler University
- **College Degree:** English Literature and French
- **Internship Semester:** Summer 2015 & 2016
- **Current Job Title:** Communications Manager for Alliance for Substance Abuse Progress – Bartholomew County
- **Favorite IHA Memory:** “It’s hard to pick just one favorite memory. At IHA, the staff truly welcome the interns into their small family and I always felt like I was a valuable asset to the team. Every day, it was a joy to get to know the staff and build relationships with them.”
- **Favorite project worked on at IHA:** “I had the opportunity to highlight the work of the IPSC’s coalitions in a full spread in Harmony. I enjoyed the opportunity to talk with each of the coalition leaders and learn more about their projects and successes, and share their stories in the magazine.”
- **Valuable skills learned at IHA:** “Professional email communication, time management, working under deadlines, collaborating with colleagues and working with external partners. Beyond that, after I started my MPH degree, I realized how much I’d learned about the health care industry and public policy through working at IHA. It’s been invaluable to have real world experience to bring to the classroom.”



Vanessa Staublin
Communications
Intern, Fall 2015

- **College:** Butler University
- **College Degree:** Strategic Communications
- **Internship Semester:** Fall 2015
- **Current Job Title:** Account Executive at Dittoe Public Relations
- **Favorite IHA Memory:** "My favorite memory from my time at IHA would have to be all of the times we spent outside of the office - grabbing lunch, meeting with clients, attending staff luncheons - these were the times that I really got to know the staff and make connections. There are so many wonderful people that work at IHA and it was great to get to know everyone. It was definitely a good networking experience and I learned a lot from hearing other members' experiences in the healthcare industry."
- **Favorite project worked on at IHA:** "My favorite project I worked on at IHA was putting together the fall issue of Harmony. We worked on redesigning the magazine and worked with many different team members. It was cool to see the process of putting together a quarterly magazine and all of the handwork that went into the process."
- **Valuable skills learned at IHA:** "I learned valuable skills in time management and working with many different personalities. This has helped me strengthen my communication skills with working with clients with varying work ethics and personalities."



Alex Berk
Communications
Intern, Spring 2016

- **College:** Butler University
- **College Degree:** Strategic Communications
- **Internship Semester:** Spring 2016
- **Current Job Title:** Account Coordinator, CoverMyMeds
- **Favorite IHA Memory:** "I love when our team goes out to lunch at Bistro Chopstix on Friday's. I'm lucky to work with so many cool people!"
- **Favorite project worked on at IHA:** "I like being challenged through writing, so I'd say my favorite assignment was writing a recommendation letter in the voice of our president, Doug."
- **Valuable skills learned at IHA:** "Learning how to multitask and prioritize different activities is important, and IHA definitely helped me improve my organizational skills."



Madison Howard
Communications
Advocacy Intern,
Summer 2015 and
Spring 2016

- **College:** Butler University
- **College Degree:** Strategic Communications and Political Science
- **Internship Semester:** Summer 2015 & Spring 2016
- **Current Job Title:** Health Care Intern at Lewis Rice LLC
- **Favorite IHA Memory:** “My first week as their summer intern, I had the opportunity to make the journey to the Stella Golf Tournament, I got to spend the day with Jennifer and Leslie driving around in a golf-cart, taking pictures of the event and interacting with sponsors and members. It was a great way to connect with everyone early-on. But, I cannot talk about my favorite memories without touching on driving to Evansville with Jennifer and Jennica to attend the IHMPRS Conference and meet all the wonderful health care professionals from around the state.”
- **Favorite project worked on at IHA:** “Anything Advocacy related! Having the opportunity to work with the Safe Haven materials, research policy topics, write the legislative story for Harmony and be right in the middle of it all during the King v. Burwell Supreme Court decision were just some of the projects I will never forget.”
- **Valuable skills learned at IHA:** “I learned the importance of being able to manage the unexpected. No day at IHA was ever the same and that was awesome, I was always kept on my toes and given projects and tasks that challenged me in different ways. This taught me how to be a better writer, how to get things done under strict timeline and how not to rely on technology to get something done!”



Jennica Wilson
Communications
Advocacy Intern, Fall
2015

- **College:** Butler University
- **College Degree:** Strategic Communications and Political Science
- **Internship Semester:** Fall 2015
- **Current Job Title:** Public Affairs Coordinator, Ohio Hospital Association
- **Favorite IHA Memory:** "My favorite part about working at IHA was the team I worked with. Jennifer, Leslie, Julie and Brian take the time to connect with you and teach you rather than leaving a long to-do list on your desk and checking back in a week later. I will always remember the spontaneous lunches and archiving decades worth of Harmony issues."
- **Favorite project worked on at IHA:** "My favorite project I worked on was organizing the Annual Meeting. It was awesome to see health care workers from across the state come together to collaborate about Indiana's health care system and to know that I played a part in making sure the event was successful."
- **Valuable skills learned at IHA:** "Editing, computer skills (website maintenance, social media scheduling and Microsoft Word templates/mail merge) and producing collateral that is written using a united, branded voice."



Kaitlyn Boeller
Patient Safety Intern,
2013-2014

- **College:** Xavier University and IUPUI
- **College Degree:** Political Science, MHA
- **Internship Semester:** 2013-2014
- **Current Job Title:** Patient Safety Analyst/Coordinator at IHA
- **Favorite IHA Memory:** "had attended the 2012 Annual Meeting as a MHA student, but had no idea how much time and energy went into it until helping as an intern the following year. I was able to meet some of our hospital members, learn from experts in the field and support and celebrate with staff after a successful meeting."
- **Favorite project worked on at IHA:** "I loved working with the Regional Patient Safety Coalitions. It is a structure unique to Indiana where quality and patient safety leaders join together to address regional issues and learn from each other. I was able to support them with reports, resources and meeting materials."
- **Valuable skills learned at IHA:** "You get an incredible perspective of the health care system at IHA, and the staff are extremely knowledgeable about the reforms and changes impacting hospitals. My writing and analytical skills improved at IHA as I wrote pieces for newsletters and prepared a variety of reports and presentations."



Danyah Wafa
Patient Safety Intern,
2013-2014

- **College:** University of London, SOAS
- **College Degree:** MSc Development Studies
- **Internship Semester:** 2013-2014
- **Current Job Title:** International Development Professional
- **Favorite IHA Memory:** "My favorite memory from my time at IHA was working with wonderful staff that felt like family. The environment at IHA was likely the fondest I have had thus far. Not only was the IHA team warm and friendly, but encouraging and motivational. My time was made memorable because of the people there and I will carry those relationships with me for years to come."
- **Favorite project worked on at IHA:** "My favorite project working at IHA was helping to organize the Celebration Event in December. Coordinating preparations helped me learn new project management skills as well as strengthen teamwork building. Overall it was a fun experience that really showcased all the hard work we put in throughout the year which was something we could all be proud of."
- **Valuable skills learned at IHA:** "I learned many skills, personally and professionally. My communication skills were strengthened by working directly with administrators within the organization as well as across the state. I developed project coordination and management skills by taking ownership of projects independently and sharing responsibilities with my team, which also gave me the skills necessary to manage work on my own as well as within a team. These are skills that are transferrable across any setting and are an asset to any organization, even as a graduate student."



Derek Mounsey,
MHA
Patient Safety Intern,
2014-2015

- **College:** IUPUI
- **College Degree:** Master of Health Administration
- **Internship Semester:** 2014-2015
- **Current Job Title:** OMS-II, Kentucky College of Osteopathic Medicine
- **Favorite IHA Memory:** "Definitely the people. From the crazy, fun holiday parties to everyday lunch in the break room and everything in between, the staff at IHA is what made it the amazing experience that it was for me. The bonds formed during my time at IHA are ones that I will cherish for years to come."
- **Favorite project worked on at IHA:** "Technically, my entire job was a "project" working on the Partnership for Patients campaign to keep patients safe by preventing harm and unnecessary readmissions. I was humbled being part of such a noble initiative, and I have benefited greatly from what I learned about patient safety through this work. Specifically, I had the opportunity to manage an incentive program during this project that rewarded hospitals for their efforts and positive results. It is always fun to be the person that gives out the trophy."
- **Valuable skills learned at IHA:** "As an aspiring physician leader, I know that I do and will continue to benefit from starting my healthcare career in patient safety at IHA. This foundation will serve me and my future patients well, and it is something that I recommend for all healthcare clinicians and administrators, alike. Additionally, I was able to greatly advance my communication skills and ability to interact in a professional setting. Through the many opportunities available to me during my tenure at IHA, I was able to attend many networking events and interact with all levels of healthcare professionals."



Emma Friday
Patient Safety Intern,
2014-2015

- **College:** IUPUI
- **College Degree:** Bachelor of Science in Health Services Management (BSHSM) and Masters of Health Administration (MHA)
- **Internship Semester:** 2014-2015
- **Current Job Title:** Project Manager, Avant Healthcare Marketing
- **Favorite IHA Memory:** "My favorite memories during my time at IHA were when we were onsite or out in the community for events - Patient Safety Summits, March of Dimes, IHA Annual Meetings, hospital site visits, etc. It was inspiring to see such dedicated and driven health care and patient safety professionals from across Indiana."
- **Favorite project worked on at IHA:** "My favorite project I worked on was planning the Patient Safety Summit."
- **Valuable skills learned at IHA:** "I learned and perfected various skills during my time at IHA, all of which have been applicable to my current and future work. Organization, time management, event planning, Lean Six Sigma, project management, and many more. I have also expanded my knowledge of patient safety and healthcare associations."



Ellery Steele

Patient Safety Intern,
2015-2016

- **College:** IUPUI
- **College Degree:** Master of Health Administration
- **Internship Semester:** 2015-2016
- **Current Job Title:** Transformation Coordinator at IU Health
- **Favorite IHA Memory:** "The hilarious gift exchange during Christmas time. It was funny to see what some people brought because it was things you would not have expected some people to bring."
- **Favorite project worked on at IHA:** "Going on the site visits all over Indiana for HEN 2.0. I felt like it really helped show me the atmosphere of hospitals around the state and that regardless of how different they all were, they were all united in the topic of patient safety."
- **Valuable skills learned at IHA:** "I have learned great networking skills that have helped me to get out of my comfort zone and reach out to new people. I have also learned about how to better function as a team rather than a set of individuals."



Alex Simonton,
MHA
Patient Safety Intern,
2015-2016

- **College:** Spelman College (undergraduate) and IUPUI (graduate)
- **College Degree:** BA in Psychology; MHA
- **Internship Semester:** 2015-2016
- **Current Job Title:** Administrative Fellow at IU Health
- **Favorite IHA Memory:** During what I would consider an epic move to a new office location, I enjoyed witnessing my co-workers find long-lost trinkets, photographs and other gems that had accumulated over the past 30 years. Reflecting on old items always sparks interesting conversation. The most memorable discovery was Spencer's dead lizard! Aside from that, it was fascinating and unifying to reminisce with people about the progression of artwork/furniture, clothing styles and staff changes while packing and looking forward to making new memories in a new space.
- **Favorite project worked on at IHA:** One of my primary focuses as an intern has been the HEN 2.0 initiative to reduce harms and readmissions. I was thrilled to participate in the hospital site visits because it involved travelling throughout the state to help generate feelings of excitement and encouragement for hospital employees involved in efforts to improve healthcare delivery for Indy patients. It was amazing to experience the different dynamics of each facility and get insight into their strategies and processes for implementing changes.
- **Valuable skills learned at IHA:** With such a small staff, there is great opportunity to engage in and contribute to different initiatives. Interning at IHA has allowed me to foster my multitasking/organizing capabilities, enhance my written and verbal communication skills and improve my knowledge and analysis of data. This has truly been a wonderful first-exposure to working in the healthcare industry.



Meredith Rashid
Advocacy Communications
Intern, 2016

- **College:** Butler University
- **College Degree:** Strategic Communications
- **Internship Semester:** Fall 2016
- **Current Job Title:** Communications Professional
- **Favorite IHA Memory:** My favorite IHA memory was attending the IHA Annual Meeting. It was exciting to see the result of all of the hard work in the office during the months prior to the meeting. I helped out with the silent auction at the meeting and even bid on an item and won!!
- **Favorite project worked on at IHA:** My favorite project worked on at the IHA would have to be the Alliance for a Healthier Indiana Campaign. The IHA teamed up with surrounding health and business organizations to improve Indiana's health metrics- starting with tobacco. I got to see the campaign's beginning and I was able to watch it grow over time. It was exciting to attend the meetings and contribute to the campaign.
- **Valuable skills learned at IHA:** I have learned so much about various healthcare systems and health policies here at the IHA. I got to learn more about advocacy healthcare communications and healthcare initiatives in the government. I have also learned a lot about the state of Indiana while working on the Alliance Campaign. My writing and analytical skills have developed during my time at the IHA as well.



Mary Fisher
Communications
Intern, Summer 2016

- **College:** Butler University
- **College Degree:** Science, Technology & Society
- **Internship Semester:** Summer 2016
- **Current Job Title:** English Language Teacher in France
- **Favorite IHA Memory:** "I'll never forget the afternoon I spent with IHA staff at the Brickyard. It was such fun getting to know everyone in a setting that is truly unique to the Hoosier state."
- **Favorite project worked on at IHA:** "I had the pleasure of assisting with the planning for the Open House IHA held for its new office space. I enjoyed ensuring the event went smoothly and also enjoyed the event itself, which provided a great opportunity to meet and network with people in different roles throughout the health care field."
- **Valuable skills learned at IHA:** "I learned many valuable skills throughout my internship that I will more than likely go on to use in future positions. I strengthened many skills as well, I left a much stronger and more concise writer. However, most noticeably, my summer at IHA taught me how important it is to have passion for your work. I learned this by simply witnessing how hard my coworkers worked each day because of their passion for those IHA advocates on behalf of."



Colleen
Weatherford
Communications
Intern, Fall 2016

- **College:** Butler University
- **College Degree:** B.S. in Marketing
- **Internship Semester:** Fall 2016
- **Current Job Title:** Customer Service Specialist for Trilogy Health Services
- **Favorite IHA Memory:** Attending the Annual Meeting after working on all of the smaller projects that bring the whole event together. It's one thing to write the social media posts and tell people about what's to come and the key points of focus for the meeting; it's an entirely different thing to be at the event and see all of the pieces in motion to communicate our message to the professionals that we've been communicating with behind screens throughout the year.
- **Favorite project worked on at IHA:** Sepsis Awareness Campaign-- educating the public on such a devastating reaction to infection and seeing how few people actually know about it was an interesting awareness campaign. Seeing our work in the news and seeing people come out of the woodwork with their stories made me feel like I was part of something larger than just an internship.
- **Valuable skills learned at IHA:** My internship taught me how to communicate effectively; not just in a workplace environment, but also how to adjust my voice to cater to an audience through text and aloud. Proofing staff work taught me to pay attention to the details and realize that there are many things going on behind the scenes of larger projects to bring the bigger picture to reality. I learned to manage my time effectively and that work-life balance is important-- especially when you are a collegiate student in the workplace.



Allison
Scheynost
Communications
Intern, Spring 2017

- **College:** Butler University
- **College Degree:** B.S. in Finance and Marketing
- **Internship Semester:** Spring 2017
- **Current Job Title:** Revenue Analyst at Ice Miller LLP
- **Favorite IHA Memory:** Went to the Indiana Statehouse for the first time
- **Favorite project worked on at IHA:** Learning and updating the AMS
- **Valuable skills learned at IHA:** Resourcefulness, relationship building, and being detail oriented



Mallory Utley
Advocacy
Communications
Intern, Spring 2017
Patient Safety Intern,
Summer 2017

- **College:** Indiana University, Bloomington
- **College Degree:** Bachelor of Science in Applied Health Science-Human Development & Family Studies
- **Internship Semester:** Spring & Summer 2017
- **Current Job Title:** Patient Safety Intern
- **Favorite IHA Memory:** My favorite memory would be my first all-staff lunch in December, which was also the annual holiday pitch-in and gift exchange. I quickly grew to appreciate the staff culture and felt lucky to be a part of the IHA family, even if only temporarily. There was also something about a really cool pillow..
- **Favorite project worked on at IHA:** My favorite project was helping write Brian's first big speech as president for the 2017 Indiana Patient Safety Summit. Speechwriting is something I always thought I would enjoy, so I was thrilled to have that opportunity at IHA during such an important time.
- **Valuable skills learned at IHA:** My time at IHA has given me a new lens to view the world through. I've learned how to utilize my legislative experience and clinical health care background to effectively advocate for, and communicate with, Hoosier hospitals and patients.



Maddy
Bettegnies
Advocacy
Communications
Intern, Summer 2017

- **College:** Indiana University, Bloomington
- **College Degree:** Healthcare Management and Policy
- **Internship Semester:** Summer 2017
- **Current Job Title:** Undergraduate student at Indiana University
- **Favorite IHA Memory:** "It was our president, Doug Leonard's, last day, and we went to the Eagle to celebrate. He told us he was lifting the "no drinking" ban at work, and it was a lot of fun getting to know everyone on a different level than the work environment."
- **Favorite project worked on at IHA:** "I loved anything advocacy related. I got to attend the Governor's Task Force meeting on opioid abuse with president Brian Tabor one of my first weeks here. It was really neat to see legislative work in action with so many people from different backgrounds coming together to find a valuable solution."
- **Valuable skills learned at IHA:** "I learned a lot about redesigning a website. IHA has allowed me to foster my multitasking capabilities as well as time management. We have so many projects going on at one time that it is important to know what needs to get done first. My networking skills have increased since starting my internship. It was a pleasure to meet so many people and hear their stories."



Samantha
Kupiainen
Communications
Intern, Summer 2017

- **College:** Ball State University
- **College Degree:** Bachelor of Science in Journalism with a concentration in magazine media and minor in public health
- **Internship Semester:** Summer 2017
- **Current Job Title:** Undergraduate student at Ball State University
- **Favorite IHA Memory:** "My favorite memory was getting to network with the team, whether at the monthly staff meetings or spontaneous lunches. I really enjoyed getting to hear and learn from accomplished healthcare professionals that are dedicated to creating a healthier Indiana and passionate about the work cultivating at IHA."
- **Favorite project worked on at IHA:** "My favorite projects were Harmony and the weekly e-newsletter. As a journalism major, I looked forward to contributing to IHA's magazine and newsletters during my internship. Being part of the Harmony summer 2017 planning process, setting up the cover photoshoot and being a contributing writer was the highlight of my time at IHA because I got to see more of the magazine publication process."
- **Valuable skills learned at IHA:** "During my time at IHA I've gotten to improve my networking and communications skills. I've learned how to write professional emails and work on campaigns with Patient Safety. Getting to have a glimpse of the professional world while still pursuing my undergraduate degree has given me a better idea of what I'd like to do in my post-graduate endeavors."



Jeannie Hsu
Patient Safety Intern,
Summer 2017

- **College:** Indiana University, Bloomington
- **College Degree:** Healthcare Management and Policy
- **Internship Semester:** Summer 2017
- **Current Job Title:** Consulting Analyst with Cerner
- **Favorite IHA Memory:** "Patient Safety and Quality Team Meetings. It was exciting to hear what everyone was working on and as a team be able to assist each other when needed. The ideas, conversations, and brainstorming that went on during the meetings were fun and inspiring in terms of patient safety. I really enjoyed getting to experience a team that works so well together and see how each person's talents contributed to the team as a whole. Even though I did not work on the new website, hearing other team members talk about their experience with launching the new website was exciting."
- **Favorite project worked on at IHA:** "Patient Safety Summit. To see that no one competes on patient safety in Indiana was motivating and encouraging as someone who is freshly entering the healthcare work field. Seeing staff from different hospitals systems sharing and working together on how to better improve their patient safety in their respective hospitals was powerful and a reassurance that Indiana hospitals are giving it their all when it comes to patient safety. Additionally, recognizing all of the innovative work done throughout the entire state was so inspiring."
- **Valuable skills learned at IHA:** "I gained so much knowledge from my time with IHA, but the biggest take away was double checking data to make sure it's "clean data". Analyzing such large quantities of data enhanced my excel skills and my understanding of the importance of having "good" data. Working with the Improvement Calculator 3.0 opened my eyes to all the areas that technology is able to come in handy in the healthcare world. Compared to the beginning of the summer, I feel more confident and prepared going into my first job."



Trevor
Cunningham
Patient Safety Intern,
Summer 2017

- **College:** IUPUI
- **College Degree:** B.S Health Services Management
- **Internship Semester:** Summer 2017
- **Current Job Title:** Patient Safety Intern
- **Favorite IHA Memory:** The best part of my internship was being able to talk with our supervisors and patient safety and quality advisors about their past work experience. We have such a diverse group of people on staff which makes it easy to ask questions and have discussions on healthcare related topics.
- **Favorite project worked on at IHA:** As a patient safety intern, I was able to work closely with the Indiana Patient Safety Center's patient safety coalitions. This provided me with hands on experience and real world knowledge on quality improvement projects and patient safety initiatives.
- **Valuable skills learned at IHA:** As an intern, I was gifted with brilliant mentors. I learned the importance of clean data, lean six sigma training and preventative disease resources.